

NHS research at your local GP Practice

What's happening near you?

Research and clinical trials are an everyday part of work in the NHS.

Participants are often recruited in GP surgeries and community pharmacies.

Research is important because it helps to improve your health care by finding out which treatments work best, and by discovering new ways of treating illness.

The National Institute for Health Research is the research arm of the NHS.

In 2014/15 **641 patients**, in 41 Ipswich & East Suffolk general practices, helped to make a difference to the health and wealth of the nation by taking part in research.

Research in Ipswich & East Suffolk

In 2014/15, 4 general practices helped to recruit 45 patients into **The TASMIN H4 Study** – a study examining blood pressure self-management by stroke patients.



When asked, **100%** of patients participating in the **HEAT** study in Suffolk and North East Essex said they were treated with dignity and respect by our research staff. **88%** said they would recommend taking part in the study to other eligible patients.

Comment from the Patient Experience Survey 2015:

"Nice to be able to contribute to any advancement in medical science having benefitted from it considerably over the past few years."

How much time will helping in research take?

- ⇒ Use of your health records -
- ⇒ Survey -
- ⇒ Interview -
- ⇒ A new drug treatment -



For more information about primary care clinical research, please contact:
Donna Coe,
Patient & Public Involvement Manager,
NIHR CRN: Eastern
e: donna.coe@nihr.ac.uk
t: 01603 287670