

**Burlington Primary Care
Patient Participation Group meeting
Tuesday 20th October 2018
4.00pm**

Present:

Dr Flett, Hollie Hart, Lady Gillian Whitbread, David Willson, John Whitbread

Apologies

None received

	Minutes	Action
1.	Minutes of last meeting – no further action	
2.	<p>HH told the group that we had been successful in securing a £1230 grant which needs to be spent within the next 12 months. The application for the grant was focussed on social prescribing type events which would aim to educate patients and help them to take control of their own health.</p> <p>AF discussed some ideas for social prescribing and the ways in which patients can be engaged – e.g. cooking lesson sessions</p> <p>Students in a local cooking college might be able to help deliver the lessons. Jamie Oliver/Jimmy Doherty were also discussed as possible people to approach. Local supermarkets might help to contribute some ingredients.</p> <p>The physical activity week in January was discussed. This event will be a good basis for the PPG event which we will look to organising in Spring time. It will be along the same lines of patient education and will hopefully be held in the church hall.</p> <p>AF said it is important to invite patients who will listen and want to learn. If the PPG is going to be in the waiting room leading up to events they can chat to people and try and identify those who would be keen to take part. Plus suitable patients can also be identified by clinicians.</p> <p>GW said she has a contact at NSFT that she would send to HH and see if they could be</p>	GW
3.	<p>It was decided that the PPG will have a presence in the waiting room throughout December. A table with banners/balloons etc to be organised</p> <p>A push for new PPG members was discussed. HH to get in touch with Barrack Lane who have a successful PPG from a similar patient demographic to BPC</p> <p>It was decided that a questionnaire would be devised for patients and the PPG can hand them out to patients in the waiting room. Questions along the lines of are patients interested in changing their lifestyles and if they add their contact details consenting to us contacting them for any future events then we can make contact nearer the time of the event without worrying about GDPR.</p>	<p>HH</p> <p>HH</p>

	<p>PPG can also advertise themselves in the waiting room and ask patients what they would like in terms of increasing their health.</p> <p>It's also important to have something available for those patients who are less mobile – e.g. armchair exercises (?make use of Dan)</p> <p>Also make use of screens in waiting room to give some information about exercise etc.</p> <p>When PPG is in the waiting room they need to wear their t-shirts and lanyards so that they are easily identified.</p> <p>HH to contact Ipswich Community Media regarding having a non-English speaking volunteer in the waiting room. They can then also help to advertise any events. They will hopefully also be able to translate any patient questionnaires that are devised</p> <p>Busiest times in surgery which would be best for PPG to be in waiting room are mornings and then 2pm-4pm</p>	
<p>4.</p>	<p>PPG meetings coming up:</p> <p>CCG PPG Meeting - Tuesday 11 December, 1:30-3:30pm at Endeavour House</p> <p>GW, JW and DW hoping to attend this meeting.</p>	
<p>6.</p>	<p style="text-align: center;">Date of next meeting Tuesday 29th January 2019 @ 5pm</p>	